

NEW FCCLA ADVISOR NEWSLETTER

Utah Family, Career and Community Leaders of America

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Special points of interest:

- **Fall Leadership**
October 17-18, 2007
Provo Marriott
Early Registration Due:
September 1, 2007
Regular Registration Due: Sep-
tember 8, 2007
- **Area Conference**
January–February TBA
Contact your Area Board
Member
- **State Convention**
March 26-27, 2007
Davis Convention Center
Registration due: March 1st

Welcome to FCCLA!

Welcome to the student led organization FCCLA. I know as a new advisor you may seem very overwhelmed. The purpose of this newsletter is to help you to overcome your stress about adding something else to your work day.

FCCLA is meant to be a student lead organization. As an advisor you can cut your work load down by giving students the opportunity to run the chapter at your school. You may be thinking.... "What will really happen is I will be doing all of the work. I will have to make sure that the students follow through." In some years, I must admit that is exactly how I felt! But let me reassure you.; if you take some of the suggestions contained in this newsletter you may

find that students really will step up to the plate, and they will run the organization as it was intended.

Another great suggestion for a new advisor, is to make FCCLA a part of your curriculum. The great thing about FCCLA in the classroom is how it will match everything you do in the classroom. For example; maybe you have a lesson on Self concept. This is a perfect place to include the national program Power of One. Now don't get distracted by the programs, and the parts of FCCLA. Just know that there are ready made activities that you can use in your classroom to help students to participate in FCCLA. By offering opportunities in the classroom, you



Check out www.fcclainc.org for more information!

will be building your chapter and reaching students who need, and want the opportunity to "Be a Part of It!" Don't be scared! Just jump right in FCCLA with both feet! You will never regret the opportunity to touch students lives forever! You will make a difference!

Where do I Start?

Don't be afraid to ask for help! There are so many long time advisors who are willing to help you to be successful. When I first became involved with FCCLA, I met the greatest advisors. They took me by the hand, and helped me to become the best I could be. You will find that this organization is full of people who want you to be successful. If you need help finding a mentor don't hesitate to ask.

Please email Candace Thurgood at: cthurgood@weber.k12.ut.us. I have ready access to advisors who will be willing to help in anyway. In addition; I am here to help you to be successful.

As your state advisor; I am willing to do what it takes to help you. I know what it meant to me personally to find people who were willing to share their knowledge with

me. I have seen first hand what the FCCLA organization has done for my students. They have grown in so many ways, and I know their lives have been changed forever.

I love this organization with all of my heart, and my hope is for you to gain a love for FCCLA as well. Remember.... Leadership is: Excelling instead of competing. No one has to lose for you to win! We are all in this together!



Selecting FCCLA Officers

A great place to start your FCCLA Chapter is by selecting officers. A great place to begin is by choosing students who are enthusiastic about being involved. Sometimes it is just as simple as saying, "Would you like to be involved in FCCLA? I think you would make a great officer!" Students are looking for ways to be involved. Some just don't want to say it. We live in a society that we don't *toot our own horns*, and

sometimes students won't get involved because of this.

Here are some great ways to get students into FCCLA:

1. Incorporate FCCLA into the classroom.
2. Select Class Presidents for FCCLA information to be disseminated into the classroom.
3. Participate in the STEP 1 program in each of your classes. (This national

program helps students to identify the basics about FCCLA.)

4. Hand deliver officer applications to students you know would be good officers.
5. Have applications easily accessible.
6. Attend the Fall FCCLA Leadership Conference

You are ready to begin a great year!

The Planning Process

The Planning Process is the key to all aspects of FCCLA. If you have a good knowledge of the Planning Process, and you can help your students understand the Planning Process, you are well on your way to becoming a winning advisor.

The Planning process is used at every meeting, in every STAR event, and any program

of work that you participate in your chapter. When your students can use the Planning Process, you will find that you will have less work to do as an advisor. Your students will be planning all the details of their activities, and you will be able to advise them on which avenues they should be focusing on.

Here are the basics:



Identify a Concern



Set a Goal



Form a Plan



Act



Follow Up

"Leadership is knowing when to come up for air!"



Super STAR!

There are thirteen different STAR events available to your students. STAR events are a great way to incorporate creativity, service, talents and passion into the classroom.

STAR events can be the most intimidating portion of being an advisor, but they are the area you will see your students grow the most! Here are some helpful suggestions:

1. Encourage the students to read the information contained in the STAR event Manual. This will leave you free to be a consultant rather than taking over the project.
2. Each year focus on one STAR event as an advisor. That way you will gain knowledge to help in years to come.
3. Know the Planning Process inside and outside.
4. It takes years before most advisors have a national winner!
5. Volunteer to help at Area and State as a room consultant or a judge. Each year experiencing a different STAR Event.
6. Enjoy the process!!

2007-2008 FCCLA State Officers

Every year at the Utah State FCCLA Convention in March new officers are elected into office. This process is a renewal time for the FCCLA organization. We recognize the past, and we hope for the future.

After running 10 state officers I have come to understand the growth that can occur in each member who runs for this unique office. As a state officer, members are given the opportunity to travel the na-

tion representing the state of Utah. This experience changes these student leaders for a lifetime. Don't hesitate to be a state officer advisor even in the first few years as an advisor. Being involved at the state level can really give you some great perspectives into how the FCCLA organization operates.

Here are your 2007-2008 FCCLA State Officers:

(From left to right)



Troy Chilcott: VP Community Service, **Stephanie Baker:** First Vice President, **Krystal Caldwell:** VP Public Relations and Membership, **Dalaki Livingston:** VP National and Individual Programs, **Brianna Johnson:** President. **Kadee Isaacson:** VP STAR Events.

Four Star Chapter

During the State Officer retreat in April 2007, the state officers selected their Theme Motto, and Goals for the year. In a new chapter you will incorporate these things into your program of work. A program of work is a fancy name for the things you accomplish as a chapter for the year. Each chapter has the option of creating their own

theme, and goals, but you are encouraged to incorporate the state theme, motto, and goals into your program of work.

The Four Star Chapter recognition can be found on the state website www.utahfccla.org. The Four Star chapter application outlines the activities you should incorporate into your program of work. There are four levels

of recognition:

☆ 1 STAR

☆☆ 2 STAR

☆☆☆ 3 STAR

☆☆☆☆ 4 STAR

Each will bring your chapter recognition and distinction. Don't hesitate to ask for explanations on how this program works.



*"What we hope ever
to do with ease, we
must learn first to do
with diligence."*

Samuel Johnson

Theme, Motto, Goals

Each year the new officers select the theme, motto, and goals they would like to focus on for the year. Each year I am amazed by the creativity and thought that the state officers put into the process of selecting the focus for the year. This year was equally inspiring! Use the theme, motto, and goals in your program of work and your chapter will be

inspired to *reach their potential!*

Theme:

FCCLA....Painting our Potential

Motto:

I'm Coloring my Future!

Goals:

Dynamic Leadership...

Dream, Dare, Do Together.

Student Body.....

Take Action for You.

STAR Events.....

Creating Our Masterpiece.

Power of One.....

Jump for Excellence.



Honoring the greatness and the uniqueness in others!



UTAH FAMILY, CAREER AND COMMUNITY LEADERS OF AMERICA

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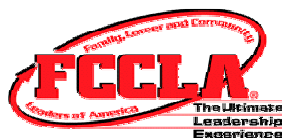
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It's About KIDS!

When you are an Advisor you will change lives. Isn't this why we became teachers?

The time you will spend training and inspiring students will be worth your efforts.

You will see that the rewards are endless, and the impact you make on students

will truly change your life. FCCLA is about the kids!

FCCLA State Website www.utahfccla.org

For the past year the FCCLA Board and State Staff have been working diligently to develop a user friendly website you can go for information about FCCLA in the state of Utah.

Our website designer Sue Winkler has tirelessly worked to develop this useful tool for advisors and for students. The best way to discover the useful information contained in this site is to explore it. Go to www.utahfccla.org and discover the amazing links, and information!

Here are some basics that you will find located at our website:

1. **March 1st deadline:** You will discover a flashing icon to remind you to postmark your state registration for March 1st. There will be no exceptions!
2. **Your Board Members:** The state is divided into five areas. In each of

these areas an advisor was selected to serve a five year term and represent your area. These FCCLA Advisors serve to make this organization better and are great mentors as you begin your FCCLA journey. You will be working with these advisors at your area conferences held in January and February.

3. **Leadership, Area and State Registration:** All registration information is located here. Sometimes emails can be lost, and registration information misplaced. If this happens....go to the website. All current registration information will be found on the website by August of each year. There is one exception, area conferences to this rule. Each area must wait 90 days prior to their conferences to reserve facilities. The registration materials will not have a specific date until December each year. Your Area Board member will notify you as soon as their dates are secured.
4. **Links for State and National Recognition:**

www.utahfccla.org has links to all recognition applications that are available. You should explore the site to see the numerous opportunities available.

5. **Scholarship Applications:** Any senior student who will be majoring in FACS has the opportunity to apply for the four FCCLA Scholarships.
6. **Pictures:** At each area, state and national activity student and advisor pictures are taken. This is a great way for your chapter to see the great opportunities available in FCCLA.
7. **New Advisor Hints:** There are some great links and information for a new advisor. You shouldn't feel alone in your advising. Use the ideas advisors have been using for years! This will save you time and effort!

As a state staff we are here to serve you! Don't be afraid to ask for help and guidance as you become a FCCLA advisor!